



AUTHORIZATION TO RELEASE/EXCHANGE CONFIDENTIAL INFORMATION

This form cannot be used for the re-release of confidential information provided to Alishia Kalos, PsyD,CST, by other individuals or agencies. Such requests should be referred to the original individual or agency.

I _____ authorize Alishia Kalos, PsyD, CST to: (insert name)
_____ release to: _____ (select one and insert name,
_____ obtain from: _____ address, and phone/email
_____ exchange with: _____ contact information)

the following information pertaining to myself: (select all that apply)

- _____ therapy summary
- _____ history/intake assessment
- _____ diagnosis
- _____ psychological test results
- _____ psychiatric evaluation/medication history
- _____ dates of therapy attendance
- _____ other (specify) _____

for the purpose of: (select all that apply)

- _____ evaluation/assessment
- _____ coordinating therapy efforts
- _____ other (specify): _____

This consent will automatically **expire one (1) year after the date of my signature** as it appears below, **or** on the following earlier date, condition, or event _____.
I understand I have the right to refuse to sign this form, and that I may revoke my consent at any time (except to the extent that the information has already been released).

Signature of Client #1 Date Date of Birth: _____

Signature of Client #2 (if applicable) Date Date of Birth: _____